

# Saint Andrew's International High School

School Newsletter (Term 2, volume 1)

January 2011

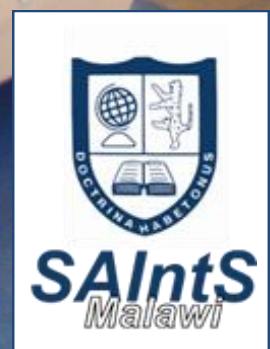
27th January 2011

## Students Saving Lives

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## Swimming Against Malaria—Get Involved!!

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Dear Parents and Teachers,

I hope you had a fantastic New Year and break with your families.

Welcome to the first newsletter for 2011. As always, SAIntS has been an extremely busy place over the last few weeks. Year 11 students have been sitting their mock examinations, Year 13 have been sitting module exams and we have already had a Year 7 parents' evening!

Although we sent out a ten page issue at the end of last term, we still had articles left over so this issue will help you catch up! Read about SAIntS students standing up for human rights, our sports teams achieving victory over the 'Cobras' and the life-saving course that many of our students successfully completed!

We are all looking forward to the musical "Fame" this term and our sports tour at half term break. The big question is, are you involved in the swim for Malaria? If not, why not? Find out more on page five.

A parent asked me recently about how we can resolve some of the congestion

faced by parents in the morning drive in to school. My obvious answer is to remind parents that the lower school car park is underutilised; a 'secret' for many of the parents that do use it. Drive in; no jam; drop your child; and off you go to enjoy your day!

I would like to investigate the use of the school bus in picking up 50 students at Shoprite car park and buying a Coaster for a similar route in from the town centre. I will be sending a questionnaire to parents about this and other school initiatives soon.

Have a great half term and please buy the school's house golf shirts. We have not added a single kwacha onto the price!

Mr G. N. Benbow (Headteacher)

### Key Dates This Term

<b>29th January</b>	Interact Club Tree Planting in Ndirande
<b>4th February</b>	Year 11 Mock Results Day
<b>11th February</b>	Swim Against Malaria (Starts 12pm)
<b>22nd February</b>	Year 8 Parent's Evening
<b>28th February — 3rd March</b>	Half-term holiday
<b>16th March</b>	Year 11 Options Talk (Starts 6pm)
<b>17th March — 19th March</b>	Fame—The Musical (More details to follow!)

### House Keeping—Just a few notes...

**School Leavers:** Please note that school places are accepted on the basis of attendance for the whole year. If you need to withdraw your son/daughter early, a term's notice is required.

**School Fees:** If you have not yet paid your fees for this term, they are now overdue. Please contact the finance office and settle your account this week.

**Contact Details:** If you have changed your address, phone number or e-mail address, please don't forget to let Olivia know in the office to allow us to update our records and keep you informed (office@saints.mw).

## "Protect the Human Week"



As a school, we are privileged to be a part of the Amnesty International Youth group and are keen to partake in the various campaigns sent to us.

This year we decided to hold the 'Protect the Human Week' on the 8<sup>th</sup>-11<sup>th</sup> November. One of the main campaigns we ran was the campaign aimed at freeing the Burmese opposition politician Aung San Suu Kyi, who was put under house arrest in Burma for almost 15 years. We decided to hold a campaign in her honour by making two giant hand figures with her name as the caption and had the students around the school sign them and take photographs standing next to the hand.

The next campaign we undertook was the campaign to support Indonesian women, who have no rights to contraception whatsoever. We felt that this was indeed a breach of their human rights and we decided to hold a purple accessory mufti in their honor; students were told to wear purple accessories along with their uniforms.

Many photos were taken and are being sent to the Amnesty Head Office in the UK.

The entire week was a huge success and we couldn't have done it without the participation of all the students so we thank them for being so eager to help us in the different campaigns. We look forward to having another 'Protect the Human week' next year and making it just as successful as this one!



Fahima (Year 12)

# “Who will save your life?”

In April 2004, Saint Andrew’s International High School invited representatives from Lifesaving SA to come to School and qualify staff and students. Sheldon Le Roux was the instructor and Deon Woodley was the assessor. There were 8 candidates only.

In October 2006, Sheldon and Deon visited again, this time qualifying 30 candidates. During their stay, we took them to the lake where Sheldon played a very active role at the Club Mak Mile, often launching off the rescue boat into the lake and helping those in distress.

In October 2008, Neerasha Kalicheraan was the instructor with Deon being the assessor and this time, we had about 40 candidates. Our Lifeguards have to be re-tested every two years in order for them to remain certified. The youngest group, the Junior Pool Lifeguards, have to be over 14 years of age whilst the Pool Lifeguard Award is open to anyone above the age of 16.

This October, we have just managed to qualify the largest number of candidates ever and we are very proud of this fact. We were joined by Sheldon on Wednesday 13<sup>th</sup> October and he began the comprehensive instructing program on the 14<sup>th</sup>. He had a massive 6 groups to get through within two weeks. The students at School were very impressed with Sheldon and loved his moto of ‘happy days, happy people, happy Malawi!’

Deon then arrived on the 20<sup>th</sup> October and began the assessing. He was extremely impressed with our Junior groups, saying that they ‘pulled the exam to pieces’ and that they had obviously studied and prepared well. Both Sheldon and Deon love coming to Malawi and I am sure they will be back in October 2012!

An article would not be the same if it didn’t include some photos so here are some of our students and staff in action.....

Mrs A. Gaunt (Head of Year 12)

For information on future life saving courses at SAIntS, please contact Mrs Gaunt via e-mail or the school office.



## Victory Over the Cobras!

### SAINTS SUPER SWIMMERS

On Friday 29<sup>th</sup> October, SAIntS students travelled to Lilongwe for the annual swimming, netball and football tournament hosted by Bishop Mackenzie School. We left school in the bus and mini bus (the mini bus was for those poor students who first had to write a physics test!) and arrived in the Central region at lunch time. Staff accompanying the students were Mrs. Gaunt, Mrs. Gausi, Mr. Putheke and Mr. Champiti.

The first event to kick off on the Friday afternoon was the swimming gala against BMS and ABCCA. We took a squad of just over 20 swimmers and it was an extremely fast event with swimmers not being given much time to recover between races. We had some amazing swims from our students; Mark Staples surprising us with his 'victory without training' approach, Nadine cruising to first in all of her events and some of the most exciting relays I have ever witnessed. We led the score board through the first half of the event but were just beaten in the end by BMS. I was extremely proud of the swimmers; they struggled last year without the pool but they were determined and did their best. I am highly confident that we will bring the 'swimming cobra' back to SAIntS next year. At this stage, I must send out a huge Thank You to the Liyani Club who spend hours training these students.



### GAUSI'S GORGEOUS GIRLS



On Friday night, much excitement was had at the Halloween Bishop Mackenzie Disco; did the senior boys ever find their 'chicken and chips?' (Andrew??). Ironically, whilst Blantyre had no diesel, Lilongwe had no petrol so some of our parents were stranded and had to send friends back to Ntcheu to get them fuel. Fortunately, both the bus and mini bus drink diesel.

Saturday morning was an early start for those involved in the netball and football. As tradition has it, Kamuzu Academy were also on the scene and were ready to take on our teams. In the netball, SAIntS played BMS first and then KA. As always, our girls played some outstanding netball and cruised to victory in both matches. If you ever have the opportunity, I strongly advise you to come and watch our netballers play the game they love. So, the 'netball cobra' returned to SAIntS with some tired yet happy students. Well done to team captain, Tikhala Padambo and thank you to the Year 13 netball girls for your commitment and dedication to this sport over the years.

### FOOTBALLERS ON FIRE

Meanwhile, on the other side of the school, the football was well under way with the 7-side football. Our boys had to play 3 games, BMS A, BMS B, and KA. In the first match against the BMS A, nerves were everywhere as we sussed out their players. However, we held our cool in the second half and the score was 0 – 0. In the second match against BMS B, we became more confident and after a while, victory was ours with goals from Joseph & Dango; 2 – 1. The real test was the game against KA but little did KA know that this year, they would have to deal with Patience.....Patience Walasi that is!! I am not sure what Patience had for breakfast that day but goodness me it worked! Our end score was 3 – 0 with a hat trick from Patience. Well done to the boys who displayed a high level of sportsmanship and more importantly, were working together as a team. This will stand them in good stead for their forthcoming tour to Lusaka in February and we wish you the best of luck. Needless to say, the 'football cobra' returned to SAIntS.



**Well done to our SAIntS students who were fantastic ambassadors for the School.**

## Swim Against Malaria

**This year, the SWIM AGAINST MALARIA will begin on Friday 11<sup>th</sup> February.**

Due to the past success of this event, we have decided to tackle malaria over a 24 hour period.

The 'swim' opens at 12 o'clock midday on Friday 11<sup>th</sup> and will finish on Saturday 12<sup>th</sup> midday.



In order to participate in this swim, we ask that you donate a mosquito net or contribute cash to the value of a net (approx. MK900.00) on the day you choose to swim. These nets will be donated to the Malaria project at Queens Hospital. Every child who gets admitted to the hospital with malaria will be able to go home with a net.

We have a map of Malawi (to scale) and aim to cumulatively (along with other schools) swim 'up and down' the lake.

Each lane of the pool will have an allocated 'counter' who will count your lengths for you!

The 'swim' is open to various categories of people at the following times:

Friday 11 <sup>th</sup> Feb	12 midday – 5pm	General public	SAIntS students
	5pm – 9pm	SAIntS students/parents	
Friday - Saturday	9pm – 6am	Club swimmers, Life-guards, special requests (strong swimmers, teachers etc). These need to be in teams of 6 swimmers. If you would like to enter a team, you must contact Mrs. Gaunt	
Saturday 12 <sup>th</sup> Feb	6am – 12 midday	General public	SAIntS students

Those who swim the night shift will be able to use the gym in order to catch some sleep, or alternatively, you may pitch a tent on the field.

We hope to have food on sale throughout the 24 hour period although donations such as soup, sandwiches and hot chocolate for the 'night swimmers' would be very much appreciated!

It would also be great if any parents could spare some precious time to help with supervision and selling of food.

Mrs. Gaunt is coordinating the event so please contact her if you are able to help with food, supervision or would like to join in the 'night swim!' by e-mailing [agaunt@saints.mw](mailto:agaunt@saints.mw).

We look forward to seeing many of you swim to make a difference and fight Malaria right here at SAIIntS.

### PTA Vacancy

#### Would you like to get involved in developing our school?

There is a vacancy available for a Parent Representative on the school PTA. The role for this position is to feedback information from parents regarding issues concerning the school, to support the school with its various functions and to offer ideas and suggestions on ways that the school could improve its image and facilities.

For more information, please contact Mr D. Thompson (Deputy Head Curriculum) via the school office or e-mail [dthompson@saints.mw](mailto:dthompson@saints.mw).

### St Andrew's School Shop

Recently you will have received a letter from the school reminding you that our school shop is now open. SAIIntS is the only official stockist for our uniform and we have the items listed to the right in a variety of sizes.

The school shop is opened for parents on request by asking at the reception. For more information, please contact Meru Gani ([mgani@saints.mw](mailto:mgani@saints.mw)).

ITEM	COST MK
SCHOOL SHIRTS, white, blue & striped	1500
TROUSERS	1800
SKIRTS	1500
PE POLO SHIRTS	3500
HOUSE POLO SHIRTS, blue, green, red & yellow	3500
JUMPERS AND CARDIGANS	2200

## Swimming Gala Results—4th December 2010

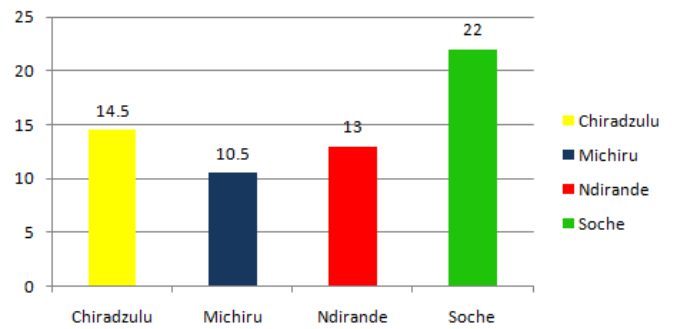
Once again, the Swimming Gala was a great success with students demonstrating their skills and dedication to swimming. A total of 11 new records were set with two students successfully beating their own record from the last Gala.

The renovated pool made the perfect venue for this hard-fought competition. Parents were able to watch the proceedings while enjoying refreshments and food provided by the school PTA. All the staff were actively involved recording times, judging strokes and encouraging the teams to participate and show some 'House Spirit'! As always, the Zulu's excelled themselves in this role!

To end the Gala, prior to publishing the results, we were all entertained by the school synchronised swimming team (orchestrated by Ms Smith) and the newly qualified life-savers. We would like to thank all staff, parents and students who got involved in the event. We would also like to thank our sponsors of the pool who have helped SAIntS to develop this exemplary resource in Malawi that will truly benefit the SAIntS community and the community beyond in Blantyre.

A special thank you goes to Mrs. Gaunt who puts a huge amount of effort and time into the Gala every year and who ensures such a successful result every time. Thank you.

### Swimming Gala House Points



Forename	TG	Race	Position	Time	Records
Joyce	7S	Junior Girls Individual Medley	1st	1:18:63	New Record for 2010
Iona	7N	Junior Girls Individual Medley	2nd	1:33:15	
Carlotta	8C	Junior Girls Individual Medley	3rd	1:34:00	
Christopher	7C	Junior Boys Individual Medley	1st	1:24:62	
Hugo	7N	Junior Boys Individual Medley	2nd	1:32:54	
Lurein	7S	Junior Boys Individual Medley	3rd	1:58:00	
Janneke	10S	Intermediate Girls Individual Medley	1st	1:21:60	
Abigail	10M	Intermediate Girls Individual Medley	2nd	1:28:40	
Eilidh	9C	Intermediate Girls Individual Medley	3rd	1:43:20	
Vasilios	9S	Intermediate Boys Individual Medley	1st	1:10:60	New Record for 2010
Kyle	10C	Intermediate Boys Individual Medley	2nd	1:37:17	
Joshua	10M	Intermediate Boys Individual Medley	3rd	1:42:63	
Nadine	12M	Senior Girls Individual Medley	1st	1:16:54	
Melanie	11N	Senior Girls Individual Medley	2nd	1:23:43	
Gemma	12S	Senior Girls Individual Medley	3rd	1:29:29	
Andreas	11S	Senior Boys Individual Medley	1st	1:12:82	
Dylan	12M	Senior Boys Individual Medley	2nd	1:20:30	
Francesco	12C	Senior Boys Individual Medley	3rd	1:23:85	
Joyce	7S	Junior Girls 50m Freestyle	1st	29:50	New Record for 2010
Ammara	8S	Junior Girls 50m Freestyle	2nd	31:65	Beat previous record
Mirande	8M	Junior Girls 50m Freestyle	3rd	38:51	
Bradley	8C	Junior Boys 50m Freestyle	1st	32.80	
Bradley	8C	Junior Boys 50m Freestyle	2nd	35.75	
Hugo	7N	Junior Boys 50m Freestyle	3rd	36:1	
Janneke	10S	Intermediate Girls 50m Breaststroke	1st	39:7	
Tamar	10C	Intermediate Girls 50m Breaststroke	2nd	46:78	
Nyassa	9N	Intermediate Girls 50m Breaststroke	3rd	49:0	
Vasilios	9S	Intermediate Boys 50m Breaststroke	1st	35:6	
Kyle	10C	Intermediate Boys 50m Breaststroke	2nd	45:7	
Kai Wei	9C	Intermediate Boys 50m Breaststroke	3rd	49:7	

## Swimming Gala Results—4th December 2010 (Cont)

Forename	TG	Race	Position	Time	Records
Melanie	11N	Senior Girls 50m Back Crawl	1st	36:60	
Zahra	12S	Senior Girls 50m Back Crawl	2nd	37:60	
Gemma	12S	Senior Girls 50m Back Crawl	3rd	40:40	
Vasilios	9S	Senior Boys 50m Back Crawl	1st	31:91	New Record for 2010
Sung-Jun	12S	Senior Boys 50m Back Crawl	2nd	15:95	
Iain	13C	Senior Boys 50m Back Crawl	3rd	41:41	
Ammara	8S	Junior Girls 25m Butterfly	1st	16:72	
Iona	7N	Junior Girls 25m Butterfly	2nd	17:65	
Pamela	8M	Junior Girls 25m Butterfly	3rd	21:28	
Bradley	8C	Junior Boys 25m Butterfly	1st	18:81	
Lewis	8M	Junior Boys 25m Butterfly	2nd	19:00	
Liam	8N	Junior Boys 25m Butterfly	3rd	20:50	
Abigail	10M	Intermediate Girls 50m Back Crawl	1st	41:70	
Megan	10S	Intermediate Girls 50m Back Crawl	2nd	41:81	
Claire	9C	Intermediate Girls 50m Back Crawl	3rd	43:32	
Vasilios	9S	Intermediate Boys 50m Back Crawl	1st	34:18	
Sung-Wuk	9S	Intermediate Boys 50m Back Crawl	2nd	40:25	
Thomas	8C	Intermediate Boys 50m Back Crawl	3rd	51:20	
Zahra	12S	Open Girls 100m Breaststroke	1st	1:31:08	
Megan	12N	Open Girls 100m Breaststroke	2nd	1:44:46	
Acacia	11M	Open Girls 100m Breaststroke	3rd	1:45:00	
Samuel	10N	Open Boys 100m Breaststroke	1st	1:24:06	
Iori	12S	Open Boys 100m Breaststroke	2nd	1:29:78	
Daniel	12C	Open Boys 100m Breaststroke	3rd	1:48:19	
Ammara	8S	Junior Girls 50m Back Crawl	1st	36:85	New Record for 2010
Sydney	7S	Junior Girls 50m Back Crawl	2nd	43:34	
Saffron	8M	Junior Girls 50m Back Crawl	3rd	53:00	
Bradley	8C	Junior Boys 50m Back Crawl	1st	39:27	
Christopher	7C	Junior Boys 50m Back Crawl	2nd	39:58	
Hugo	7N	Junior Boys 50m Back Crawl	3rd	41:17	
Megan	10S	Intermediate Girls 50m Freestyle	1st	37:1	
Nyassa	9N	Intermediate Girls 50m Freestyle	2nd	38:65	
Jemimah	10M	Intermediate Girls 50m Freestyle	3rd	41:27	
Samuel	10N	Intermediate Boys 50m Freestyle	1st	28:79	
Haralambos	9S	Intermediate Boys 50m Freestyle	2nd	31:25	
Nyakhoko	10M	Intermediate Boys 50m Freestyle	3rd	31:55	
Nadine	12M	Senior Girls 25m Butterfly	1st	14:50	New Record for 2010
Patricia	13S	Senior Girls 25m Butterfly	2nd	16:12	
Sorcha	13C	Senior Girls 25m Butterfly	3rd	18:16	
Dylan	12M	Senior Boys 25m Butterfly	1st	14:18	
Mark	13S	Senior Boys 25m Butterfly	2nd	14:97	
Francesco	12C	Senior Boys 25m Butterfly	3rd	15:29	
Joyce	7S	Junior Girls 50m Breaststroke	1st	39:28	New Record for 2010
Carlotta	8C	Junior Girls 50m Breaststroke	2nd	43:50	
Iona	7N	Junior Girls 50m Breaststroke	3rd	47:83	
Lewis	8M	Junior Boys 50m Breaststroke	1st	43:57	
Bradley	8C	Junior Boys 50m Breaststroke	2nd	44:03	
Tom	7S	Junior Boys 50m Breaststroke	3rd	52:30	

## Swimming Gala Results—4th December 2010 (Cont)

Forename	TG	Race	Position	Time	Records
Janneke	10S	Intermediate Girls 25m Butterfly	1st	15:56	
Abigail	10M	Intermediate Girls 25m Butterfly	2nd	16:60	
Eilidh	9C	Intermediate Girls 25m Butterfly	3rd	18:31	
Samuel	10N	Intermediate Boys 25m Butterfly	1st	14:37	
Haralambos	9S	Intermediate Boys 25m Butterfly	2nd	16:62	
Nyakhoko	10M	Intermediate Boys 25m Butterfly	3rd	18:16	
Nadine	12M	Senior Girls 50m Freestyle	1st	29:25	New Record for 2010
Roos	11S	Senior Girls 50m Freestyle	2nd	35:31	
Patricia	13S	Senior Girls 50m Freestyle	3rd	35:90	
Mark	13S	Senior Boys 50m Freestyle	1st	28:50	
Dylan	12M	Senior Boys 50m Freestyle	2nd	29:85	
Sung-Jun	12S	Senior Boys 50m Freestyle	3rd	30:17	
Nadine	12M	Open Girls 100m Back Crawl	1st	1:17:48	
Melanie	11N	Open Girls 100m Back Crawl	2nd	1:23:87	
Gemma	12S	Open Girls 100m Back Crawl	3rd	1:24:03	
Andreas	11S	Open Boys 100m Back Crawl	1st	1:09:37	New Record for 2010
Iain	13C	Open Boys 100m Back Crawl	2nd	1:40:44	
Walter	12N	Open Boys 100m Back Crawl	3rd	1:58:25	
Zahra	12S	Senior Girls 50m Breaststroke	1st	40:5	
Melanie	11N	Senior Girls 50m Breaststroke	2nd	44:03	
Belinda	11C	Senior Girls 50m Breaststroke	3rd	44:20	
Francesco	12C	Senior Boys 50m Breaststroke	1st	36:65	
Abdul	12M	Senior Boys 50m Breaststroke	2nd	39:81	
Iori	12S	Senior Boys 50m Breaststroke	3rd	41:69	
Zahra	12S	Open Girls 100m Freestyle	1st	1:10:34	
Elizabeth	11M	Open Girls 100m Freestyle	2nd	1:20:59	
Danielle	12C	Open Girls 100m Freestyle	3rd	1:29:00	
Mark	13S	Open Boys 100m Freestyle	1st	1:06:80	
Dylan	12M	Open Boys 100m Freestyle	2nd	1:15:30	
Abdul Gani	12N	Open Boys 100m Freestyle	3rd	1:51:30	

