



Newsletter #72

23rd September, 2019

Dear parents/students/friends,

We are now through a complete cycle of the timetable and Dr Harrison can breathe a sigh of relief that all the right people have turned up to all the right places at the right times!

May I remind you that supervised study is available every afternoon. Students who have signed up for this option must bring work and commit to every session during the term. There are still some spaces left, particularly for the later slots which run up to 5pm. Please see Mrs Nyirenda if you are interested.

The latest addition to the calendar is our **Fitness and Wellbeing Day** held on October 6th with special guest appearance of Olympic gold medalist Dame Kelly Holmes. We will have plenty of stalls and activities in which to get involved so please come down from 10:30am.

Thank you to the 50 or so families who came to our meet the teacher evening last week and I am glad to see that the PTA executive has one or two new faces this year. Coming soon we have a bingo night on 5th October. Thanks to the PTA for organising this.

Kieron Smith, Head Teacher

Calendar Dates : Please download our app (Google Play Store - Search 'Piota', download then search for SAIntS Malawi in the app) or visit the school website for school events

SAIntS Flying Fish Mini Meets

Entry at the pool before the swim meet. All swimmers age 10 and over welcome. Compete in heats by time not age. Parent volunteers needed! WhatsApp 0999.230.292 for details.

September 20th 1:30 pm - 3:30 pm - 50m all strokes
October 4th 4 pm - 7 pm - 100m all strokes
October 25 1 pm - 3 pm - 100 IM and 200m
November 2nd 9 am - noon - Swim A Thon

POETRY PLEASE!

Year 9 English students are learning about personal poetry. Here's Takondwa's sensitive autobiographical piece:

Alone

I may seem very tall,
But inside I'm very small.

I try to act as hard as stone,
However, inside I hate being alone

I like going places,
And seeing new faces,

But when it comes to staying at home,
I know I'm not alone.

I've never been to the sea,
But that's something I want to see.

Sometimes I just want to be me,
But that's not something everyone wants to see.

Okay so maybe my path is not clear,
But at least I've ended up here...

By Takondwa M

Book Sales

The English Department is partnering with a local bookstore to bring students gently used books in fantastic condition; all books are only **3000mk!**

Book selection will change every couple of weeks, please see Ms. Miller for the latest selection.

Dear Parents/Guardians,

Welcome Home!

On behalf of the Boarding team, it is my sincere pleasure to welcome new parents, new students and all our continuing students to the Boarding house at SAIntS.

Boarding life

At SAIntS boarding, our boarders have added structure of set meal times, supervised prep times and social times for relaxation.



Our senior boarders take an active role in supporting our juniors and ensuring that there is smooth running of events within the hostels and we

encourage the “hands-on” involvement of our boarding students. We are proud of the boarding community and in particular of the contributions that our boarders contribute to the entire school life. They are at the heart of very school sports teams, music and drama productions and you will definitely find them getting involved in all aspects of school life.



Pastoral care

At SAIntS boarding, we have a dedicated team of staff that look after our boarders. There are 2 senior boarding parents, 1 senior boarding supervisor, 5 boarding supervisors and 4 house parents divided between the 2 hostels. This team has considerable experience of working and supporting young people.

Each year group has a specific boarding tutor who takes additional responsibility looking after them, like a boarding-based form tutor, liaising with parents as required, attending and supporting students at parent’s evenings and also helping in monitoring any behavioural issues with other school members of staff.

The Head of Boarding is available daily to help sort out issues and deal with any disputes between the boarders or within the hostels. All pastoral care issues or concerns are initially addressed to the Head of Boarding.

Health care and Emergencies

The school has a nurse who is available on a daily basis to attend to minor injuries and illnesses. The clinic keep in stock assorted medical items and supplements. However, it is a **must** that all students in boarding must have a private medical or insurance cover (i.e. MASM). All serious cases are referred to Mwaiwathu or Blantyre Adventist Hospital accompanied by the school nurse or any member of the boarding team for further examination and treatment.

Leave reminders – Exeats

Any boarder going off site **must** fill in the exeat form. If it’s a casual leave i.e. shopping, the students are supposed to be accompanied by a boarding member of staff.

Any other leave **must** be processed as a leave request. This can be done prior to the time of leave or at the time with the boarding parent.

Weekend Exeats **must** be submitted to the Head of Boarding by the end of business on Wednesday. This is important as it affects our numbers for catering.

The first point of contact for parents related to Exeat matters such as being late from leave, changing exeat requests or making leave request contact the Head of Boarding.

Trips/offsite weekend activities

At SAIntS boarding, we organise a wide variety of activities at school over the weekend. These are necessary and students participate as they wish or even run them. These include:

- Games and sports such as football, basketball, swimming, ultimate Frisbee, dodge ball, table tennis, DSTV and various play station games.
- Life skills – first aid and cooking.
- Outdoor activities such as trips to Mulanje (Thuchila) waterfalls.
- Cultural activities such as dance, drama performances and visits to art galleries.

We do provide transport to town for shopping every Saturday, and organise movies or disco events now and then. We also provide transport to our boarders to their respective churches within Blantyre central area.

All students who stay in boarding for the weekend will do prep on a Sunday evening to ensure that academic work is not neglected. We aim to provide constructive rather than passive entertainment.



Boarding contacts

In order to improve the way we respond to Pastoral care matters, emergencies or urgent matters, queries and needs related to boarding parents, we would like to encourage our dear parents/guardians to contact us through the following email address: boarding@saints.mw and mobile numbers: (+265) **888 591 581** / (+265) **888591581**.

New parents who would like to have a boarding tour are encouraged to visit our fantastic boarding facilities. **Mr. G.Thindwa – Head of Boarding**

Don't forget it is now possible to book a temporary stay in boarding. First bookings have already been made and we are sure that the students will be impressed with the facilities!
